



Easy Edible Art- Breakfast Edition

I've made a short video that shows you how to make two yummy and simple breakfast treats from ingredients that you probably already have at home.* You'll be able to make a bear from a slice of toast and a crab from a waffle in about 10-15 minutes. To get started you will need:

Frozen Waffles
Bread (for toasting)
A Banana
Strawberries
Blueberries
Nutella Spread
A Butter Knife
2 large plates
2 small plates

1. Toast the bread and the waffle in advance
2. While they're toasting, you can cut up part of a banana into 5 slices and cut a strawberry (or two strawberries, depending on how big they are) into 10 tiny slivers and 4 "half slices" (see the video for a clearer, visual explanation of how to cut them).
3. For the bear, simply spread a large circle of nutella onto the toast, attach two banana slices toward the upper corners for the ears, one banana slice toward the bottom center for the mouth, and two blueberries for eyes.
4. For the crab, the banana slices are the eyes, the blueberries are the pupils, and the strawberries are the claws. The video gives you a clear, detailed picture of how this will all look.

I love this project because it's quick, creative, and it makes breakfast fun. It's also not quite as sugary as some of the other edible projects I've done ;)

**You can find the video on the BEDP Facebook page and also on the second grade page of the BEDP website (www.bedp.org).*

