

Make a Mandala with Found Objects

These mandalas are easy and fun to make, and you can create them with objects that you find around your house or outside in nature. There's no right or wrong way to do them. Be as creative as you like!

I made one with some art supplies, pennies, little creatures, and tiny fake succulents. Then I went outside and gathered some sticks and flowers, and I combined them with shells and sea glass I had in my house to make a nature-based mandala.

They focus your attention in such a great way, and they feel really soothing to make. It's a perfect activity to do if you're bored, especially on days when the weather isn't nice and you can't play outside.

All you need to do is gather a bunch of small items that you have more than just a few of: legos, hot wheels, coins, crayons, stones or gems, tiny figurines...the possibilities are endless.

You should choose one larger item for your centerpiece, and then arrange the smaller items around it, in repeating patterns. They can be a series of circles and/or radiate out like rays of sunlight.

Mandalas always contain repeating patterns and concentric circles. So have fun arranging and rearranging your objects until you're satisfied with the way your patterns come together to create the giant circle that is your mandala!

