

Frozen Banana Treats



A fun frozen snack on a hot day

ingredients

1 banana

Yogurt (I used Greek strawberry & vanilla yogurt)

Toppings (I used sprinkles and chocolate chips)

Preparation

1. Cut the banana in half horizontally
2. Insert popsicle sticks (if you have them) in the middle of your banana halves.
3. Add ingredients then roll or sprinkle your toppings (I used sprinkles and chocolate chips)
4. place bananas on cookie sheet with parchment paper or on a plate would work
5. place bananas in freezer until frozen you can check on them in about an hour.

Enjoy!!!!