

Butler Extended Day Program
in Association with
the True Martial Arts Academy
Presents
“After School Martial Arts”

*Self-defense - Safety Awareness - Character Development
Self-esteem – Physical Fitness*

The after school martial arts and safety awareness program develops conflict resolution and stranger awareness skills. Using **Black Belt Attitudes** such as: **respect, self-control** and **discipline**, these programs provide students of all ages with educational information in developing life skills as well as the physical and mental skills needed to stop the threats of violence from bullies and strangers.

We also will be providing a full curriculum that helps to develop your children socially and cognitively as well as physically. That is why we are proud to have Child and Adolescent Development Specialist, Robyn J. A. Silverman, PhD as a member of our staff. Dr. Robyn provides a multitude of resources to the families of our school for the betterment of our children. Dr. Robyn, as many call her, has developed a comprehensive character development curriculum called Powerful Words specifically for martial arts students like ours! Powerful Words provides easy-to-follow lessons for children ages 4- 7, 7 ½ -13 years lessons that give each student the **strength to explore** and the **foundation to succeed**.

Additionally students will learn the basics of karate and have the opportunity to earn rank through belts and stripes as they progress.

WHEN: Thursdays - March 16 – May 25, 2017 10 weeks

TIME: 2:55 – 3:40

COST: \$90.00, Discount \$10.00 for a second family member
