

Butler Extended Day Program
in Association with the True Martial Arts Academy
Presents

“After School Martial Arts”

*Self-defense - Safety Awareness - Character Development Self-
esteem – Physical Fitness*

The after school martial arts and safety awareness program develops conflict resolution and stranger awareness skills. Using **Black Belt Attitudes** such as: **respect**, **self-control** and **discipline**, these programs provide students of all ages with educational information in developing life skills as well as the physical and mental skills needed to stop the threats of violence from bullies and strangers.

This fun and exciting program is open to all students PK – 4 regardless of experience, all students welcome. The after school martial arts and safety awareness program develops conflict resolution and stranger awareness skills.

We also will be providing a full **character development** curriculum that helps to develop your children socially and cognitively as well as physically. We use a comprehensive character development curriculum specifically for martial arts students to provide easy-to-follow lessons for children ages 4- 7, 7 ½ -13 years lessons that give each student the **strength to explore** and the **foundation to succeed**

Additionally students will learn the basics of karate and have the opportunity to earn rank through belts and stripes as they progress.

WHEN: Thursdays – Starting Sep. 21st – Nov. 9th 10 weeks

TIME: 3:00 – 3:40

COST: \$90.00, Discount \$10.00 for a second family member
