

Projects For Website/ Facebook Page

From Nichole: Worry Stone/ Kindness Rocks



Materials Needed:

For this project, you'll need a rock, and either acrylic paint, or paint pens. You will also need paintbrushes.

Directions:

- Start by coloring the rock whichever color or colors you prefer. You can make any nice design that you want on it.
- Once it's dry, you have two options. You can draw a smiley face on it. That will be your worry stone. Whenever you feel worried, you can look at the rocks smiling face.
- You could also make a kindness rock. Instead of a smiley face, you can write the word 'Joy' or 'Love' or 'Peace' on it. It can be any kind word that you can think of. You can leave this rock in your front yard for your neighbors to see, or if you go walking on a trail somewhere with your parents, you can find a place to leave your rock for all to see. Enjoy!

Instructional Video: Nichole teaches how to make a pop up Mother's Day card

<https://m.youtube.com/watch?v=dxYteKPOE-U&feature=youtu.be>