

Rainbow Pudding Pops

These popsicles are fun and easy to make, and they don't really require much adult help at all, especially if you're in 2nd grade or above. You'll need to make sure you have the following materials and ingredients before you get started:

Milk
Instant vanilla pudding mix
Measuring cups
5 small spoons
5 small bowls
A Medium-Large sized mixing bowl
A Whisk
Red, Yellow, Blue, and Green food coloring
Aluminum Foil
Popsicle sticks/Craft Sticks
Small Dixie cups (3-3 1/2 ounce size)

1. Make the pudding in the large mixing bowl, according to the directions on the box, but use 2 and 1/2 cups of milk instead of 2 cups.
2. Carefully pour the pudding into the 5 small bowls, in even amounts
3. Add food coloring to each of the small bowls and stir (the video gives more instructions on this)
4. Carefully add a layer of each color of pudding in the dixie cups in rainbow order
5. Cover the cups with tin foil and ask an adult to cut a small hole in the middle of the foil, using a knife
6. Push the popsicle stick through the hole so it goes to the bottom of the cup
7. Let the cups sit in the freezer for at least 4-6 hours, then when you're ready to eat one, make a small tear or cut at the top of the dixie cup and peel the cup away from the popsicle.

*** In the video I made, I messed up on steps 5-6- not a big deal, but it's better to follow the written directions above than to do what I did.

Enjoy!