



BEDP Snack January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day	2 Last day of winter recess School is closed	3 Animal crackers, fruit, milk	4 Rice Krispie Treats, fruit, milk	5 Bagels with cream cheese or butter, fruit, milk	6 Veggie straws, sliced vegetables, milk	7
8	9 Fresh Italian bread with jam, fruit, milk	10 Gold Fish crackers, fruit, milk	11 Granola bars, fruit, milk	12 Cinnamon bread, fruit, milk	13 Cheerios with bananas, milk	14
15	16 Martin Luther King Day holiday School is closed	17 Cheese-Its crackers. Fruit, milk	18 Nutri Grain bars, fruit, milk	19 Corn bread, fruit, milk	20 Pudding with whipped topping, fruit, milk	21
22	23 Chex mix, sliced vegetables, milk	24 Wheat Thins with cream cheese, fruit, milk	25 Belvita bars, fruit, milk	26 Apple bread, fruit, milk	27 Cinnamon sugar roll-ups, fruit, milk	28
29	30 Tortilla chips with salsa, fruit, milk	31 Pretzels with hummus, fruit milk				<i>Available every day:</i> Crackers (Ritz and Saltine), cheese sticks Cold water