

BEDP Snack October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Pumpkin bread, fruit, milk	2 Rice cakes, apples, milk	3 Yogurt, blueberries, milk	4 Fiber One bar, fruit, milk	5 Chef's choice, Cucumbers, milk	6
7	8 Columbus Day observed (No School)	9 Cheerios, bananas, milk	10 Little Bites muffins, fruit, milk	11 Jello with whipped cream, fruit, milk	12 Tortilla chips and salsa, fruit, milk	13
14	15 Fresh Italian bread, butter, fruit, milk	16 Graham crackers, applesauce, milk	17 Rice Krispie treats, fruit, milk	18 Chef's choice, fruit, milk	19 Banana bread soft cereal bar, fruit, milk	20
21	22 Cornbread or apple muffin, fruit, milk	23 Goldfish, carrots, milk	24 Nutri-grain bar, fruit, milk	25 Vanilla pudding with whipped cream, fruit, milk	26 Special K pastry crisps, fruit, milk	27
28	29 Crackers, cheese, fruit, milk	30 Veggie Straws, carrots, milk	31 Halloween Treat, fruit, milk 	1 Chex mix, fruit, milk	2 Smart Food popcorn, fruit, milk	<i>Available every day: Cheese sticks, crackers, cold water</i>