



September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Available every day: Crackers and cheese sticks; cold water			1	2	3
4	5 Labor Day No school	6 No school	7 String cheese, crackers, sliced apples, milk	8 Cheese-Its, carrots, dip, milk	9 Cinnamon bread with butter, raisins, milk	10
11	12 Belvita bars, blueberries, milk	13 Goldfish crackers, sliced oranges, milk	14 Corn bread, apple-sauce, milk	15 Crackers, hummus, sliced vegetables, milk	16 Rice cakes, melon, milk	17
18	19 Bagels, cream cheese, strawberries, milk	20 Cherrios, bananas, milk	21 Granola bars, fruit cup, milk	22 Tortilla chips, salsa, cheddar cheese stick, carrots, milk	23 Graham crackers, grapes, milk	24
25	26 Pretzels, peaches, milk	27 Chex mix, grapes, milk	28 Rice Krispie treats, blueberries, milk	29 Vegetable straws, sliced cucumbers, celery, dip, milk	30 Pudding with whipped topping, strawberries, milk	Questions about snack? Contact us at 617-484-8913 or pam@bedp.org